

Camp Equinunk – Fitness Director

We are looking for a Fitness Director (preferably a male because this is for our boys side) this summer at Camp Equinunk.

Camp Equinunk is a 7-week sleepaway camp in Equinunk, PA. However, we would only need someone for the first 4 weeks of camp. Roughly June 26th - End of July. We are what you call a “traditional” sleep away camp where the campers play all sports, swimming, boating, arts and crafts and more! Camp Equinunk has boys from the ages of 8-16 years old and fitness is taking off at our camp.

We just built a state of the art, brand new fitness facility. We have dumbbells up to 100lbs, 2 squat racks, all hammer strength plate loaded equipment, rowers, bikes, TRX cables, battle ropes, box jumps, slam balls, etc.

As the Fitness Director, they will be working with all ages. Of course the 8-12 year olds will be more HIIT style classes, with body weight, trx cables, battle ropes, agility ladders, etc. Our older kids, we want to teach them how to lift properly and for our varsity athletes, get them in shape for the upcoming season.

Below is a link to the Camp Equinunk website. Please feel free to navigate through the site and watch our videos.

[Summer Camps in Pennsylvania | Equinunk for Boys and Blue Ridge for Girls \(cecbr.com\)](http://cecbr.com)

If you are interested in becoming our Fitness Director, please contact.

Brett Kotcher

516-359-9301

Brett.Kotcher@gmail.com